

Personal Equipment Check List

All articles should be marked with the Scout's Name & Troop Number

<p>Medical Exam Form completed & signed Sleeping Bag Small Pillow Foam Sleeping Pad or Air Mattress Plastic Groundcloth (for Rugged O') Pack or duffelbag (for Rugged O') Small Day Backpack Scout Handbook Scout Uniform Pants or Shorts Scout Uniform Shirt Troop Neckerchief with slide Scout Uniform Belt Scout Cap or Hat 3-5 pr Socks 3-5 pr Underwear 3-5 pr Undershirts or camp T-shirts 1 or 2 extra shirts (Scout related) 1 or 2 extra pants, jeans, shorts Pajamas/Sleepwear Sweater &/or Jacket 1-2 Towels, including one bath size Washcloth Hiking Shoes/boots Sneakers Swim Suit Flashlight, small with new batteries Toilet Kit Shampoo Soap Hairbrush or comb Toothbrush Toothpaste, small tube Dental Floss Metal Mirror Pocketknife Canteen or Water Bottle Sunscreen/lotion Personal First Aid Kit</p>	<p><u>Optional Extras</u></p> <p>Watch Mess Kit/eating equipment Cup or Mug (plastic or metal) Rain Gear Camera & film Swim Goggles O.A. Sash Clothes Pines Insect Repellant (non-aerosol) Sun Glasses Compass Binoculars Work Gloves Notebook and Pencil/pen Fishing Pole & gear Mountain Bike & Helmet</p> 
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The items listed above are recommendations. Scouts should also take into consideration what they may require for their merit badges, time in camp, and Rugged "O".